# It's hip to be



Learn to Square Dance!

at our annual

# FUN NITE

Sponsored by



## Free admission!

Free refreshments &

One free square dance lesson\* from

Caller: Bob Smith



Square dancing is great exercise, a fun way to shape up physically and mentally with some of the friendliest people you'll ever meet - it's good for you and lots of FUN! Come join us for a party that promises to be good for the body and the soul!



When: Wednesday, September 14

Where: North End Senior Center

30 Remington Road,

East Hartford

Time: 7:30 to 9:30 p.m.

Please wear soft-soled shoes

\*Square Dance lessons follow every Wednesday, same location; \$5 per lesson

Contacts: Phone: Pat & Ed Saunders, (860) 646-3574

Website: http://fhrick.net/SWSDC/SWSDC.htm

e-mail: fhrick@yahoo.com





Directions on back

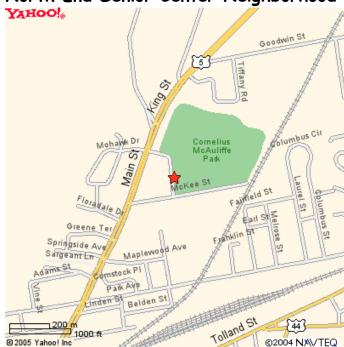
## Directions to East Hartford North End Senior Center

30 Remington Road, East Hartford, CT

#### East Hartford Area



### North End Senior Center Neighborhood YAHOO!



#### From Points East and Northeast:

I-84 WEST to EXIT 61 onto I-291 WEST toward **WINDSOR** 

I-291 WEST to EXIT 4: US-5 toward E. HARTFORD/SO. WINDSOR - go 0.4 mi Make a hard **RIGHT** turn on **JOHN FITCH** BLVD[US-5] - go 0.7 mi Continue to follow US-5 SOUTH - go 1.2 mi LEFT on REMINGTON RD - go 0.1 mi Arrive at 30 REMINGTON RD, EAST

### From Points West and South:

I-91 NORTH toward SPRINGFIELD/HARTFORD EXIT 29 onto US-5 NORTH toward EAST HARTFORD - go 0.5 mi EXIT 90/US-5 NORTH/CT-2 toward MAIN STREET - go 0.6 mi LEFT on MAIN ST[US-5] - go 2.2 mi RIGHT on REMINGTON RD - go 0.1 mi Arrive at 30 REMINGTON RD, EAST HARTFORD, on the **LEFT** 

#### From Points North:

HARTFORD, on the LEFT

I-91 SOUTH toward HARTFORD

EXIT 35A onto I-291 EAST toward MANCHESTER - go 3.1 mi

EXIT 4/US-5 onto JOHN FITCH BLVD[US-5] - go 0.7 mi

Continue to follow US-5 SOUTH - go 1.2 mi

LEFT on REMINGTON RD - go 0.1 mi

Arrive at 30 REMINGTON RD, EAST HARTFORD, on the LEFT